

Linked Together

Newsletter of the Atlanta Chapter

Fall 2007

"The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive."

Atlanta Area Web Site www.tcfatlanta.org

TCF Atlanta Newsletter

1364 Sanden Ferry Drive Decatur, GA 30033 Editor: Cindy Durham 770-938-6511 cindy_durham@bellsouth.net

Atlanta Chapter

Co-Leaders Cindy Durham 770-938-6511 cindy_durham@bellsouth.net

Ghakarhi Btembke 678-291-9935 unicorngab@comcast.net

Tamie Dodge 770-982-2251 Dodgecat2001@yahoo.com

Joe Hobbs 770-879-0023 joe.hobbs@cox.com

Atlanta Chapter Co-Leaders, Sibling Group

Jim Dirr 770-813-9831 jdirr@lavista.com

Nina Florence 404-484-2618 JamarrsMyAngel@aol.com

Georgia Regional Coordinator Muriel Littman 404-603-9942

muriellittman@comcast.net

National TCF Office (Oakbrook, IL) Toll Free 1-877-969-0010

Copyright © 2007, The Compassionate Friends, Inc.

The Atlanta Chapter of The Compassionate Friends meets the second Tuesday of each month from 7:30 - 9:30 p.m. at the:

First Christian Church of Atlanta 4532 LaVista Road, Tucker, GA 30084

> Fall Chapter Meetings: October 9 November 13 December 11

The Atlanta Chapter also offers a Sibling Group at the same time as our regular monthly meeting.

The Compassionate Friends, Inc. is a mutual assistance, self-help organization offering friendship, understanding, and hope to bereaved families. Anyone who has experienced the death of a child of any age, from any cause is welcome. Our meetings give parents an opportunity to talk about their child and about their feelings as they go through the grieving process. There is no religious affiliation. There are no membership dues. The purpose of this support group is not to focus on the cause of death or the age of the child, as it is to focus on being a bereaved parent, along with the feelings and issues that evolve around the death experience of a child.

To Our New Members

Coming to the first meeting is the hardest, but you have nothing to lose and everything to gain! Try not to judge your first meeting as to whether or not The Compassionate Friends will work for you. At the next meeting you may find just the right person or just the right words said that will help you in your grief work.

To Our Members Who are Further Down the 'Grief Road'

We need your encouragement and your support. Each meeting we have new parents. THINK BACK – what would it have been like for you at your first meeting if there had not been any TCF "veterans" to welcome you, share your grief, encourage you and tell you, "your pain will not always be this bad, it really does get better!"

YOU NEED NOT WALK ALONE. WE ARE THE COMPASSIONATE FRIENDS



Atlanta (Tucker) Chapter 27th Annual Candlelight Remembrance Service Saturday, December 1, 2007 Centerpieces and Poinsettias for Sale

Sponsor a Centerpiece or Poinsettia "In Memory of Your Child/Sibling/Grandchild"

Please consider sponsoring a centerpiece or poinsettia for our December candlelight service. We will display a sign "In Memory of Your Child/Sibling/Grandchild" next to each sponsored centerpiece or poinsettia. We also will include a photo of your child, if a photo is provided. After the reception, you can take the centerpiece or poinsettia home with you as a special remembrance. If you cannot attend the candlelight service, your centerpiece/poinsettia will be donated to a newly-bereaved family to take home after the reception.

The cost of a centerpiece or poinsettia is \$30.

The net proceeds from this fundraiser will help support our annual candlelight remembrance service.

Your Name (Full Name as you would like it to read on the Memory Card)

Card will read: Sponsored "In Memory of _____""

I want to sponsor a: _____centerpiece _____poinsettia

Please check: _____ \$30 (centerpiece or poinsettia) \$_____ Additional contribution to go toward the candlelight service

If you want to include a picture of your child to be displayed with the centerpiece and Memory Card, please do. The picture will be returned after the service.

Please make your check payable to: "The Compassionate Friends" and mail, along with completed form, to:

The Compassionate Friends c/o Jayne Newton 808 Brentway Court Lilburn, GA 30047

The deadline for ordering centerpieces/poinsettias is November 15. If you are ordering more than one centerpiece/poinsettia, please complete a separate form for each Memory Card.

All centerpieces/poinsettias need to be picked up at the end of the reception. If you cannot attend the candlelight service, it will be donated to a newly-bereaved family to take home after the reception.

If you have questions, please call Cindy Durham at 770-938-6511 or e-mail cindy_durham@bellsouth.net

TCF Candlelight Service

\mathcal{C} andlelight Service Set for Dec. 1 at First Christian Church of Atlanta

The 27th Annual Candlelight Service honoring the memories of our children and siblings will be held on Saturday, Dec. 1, at 7 p.m. at the First Christian Church of Atlanta. The church is located at 4532 LaVista Road in Tucker.

Mary Wellman of our Atlanta Chapter, mother of Charlie Wellman, will be the Mistress of Ceremonies for the evening.

Guest speakers will include:

- Parent speaker Mitch Carmody, a bereaved parent, artist, speaker and author. His 9-year-old son, Kelly, died of cancer in 1987.
- Sibling speaker Scott Mastley, author of "Surviving a Sibling: Discovering Life After Loss." His brother, Chris, died on Dec. 5, 1994, in an automobile accident.

Our guest speakers will be invited to have copies of their books for sale at the reception following the service, for anyone who would like to purchase a signed copy.

In addition to guest speakers and special music, a memorial candlelight ceremony will be held. Candles will be provided for all adults at the service. A reception and slideshow featuring our children/siblings will follow the service.

Everyone who attends the candlelight service is asked to bring a plate of appetizers, dessert or other reception-style food to share that evening.

Our Parent Speaker – Mitch Carmody



The date of our Candlelight Service, Dec. 1, will be the 20^{th} anniversary of his son's death.

After suffering many familial losses from a young age and ultimately with the death of his 9-year-old son of cancer in 1987, Carmody struggled with the grief journey and how grief is processed and perceived

in this country.

He published a book in 2002 called "Letters To My Son, a journey through grief." The book has now reached the bereaved in every state and seven other countries.

From the book's success, he now travels around the country lecturing on the grief process and/or conducting

workshops with The Compassionate Friends and Bereaved Parents USA. He is a sought-after speaker for many keynote presentations.

As a trained hospice volunteer, he also has helped many loved ones and their families through the dying process. He has published several articles in national bereavement periodicals, is a frequent contributor to TCF Atlanta Online and currently is a staff writer for Living with Loss magazine. Through e-mail correspondence on his Web site – <u>www.heartlightstudios.net</u> – he counsels the bereaved on a daily basis.

Carmody lives in rural Minnesota with his wife of 30 years and is a proud first-time grandfather to the daughter of their surviving daughter, Meagan.

He says, "In grief we stand on the edge of darkness, at times afraid to take that next step...Having faith is knowing that we shall find something firm to stand onto, or we will be taught how to fly...We live in one sphere of existence; our loved ones who have died in another. But with faith, the desire and undying love we can connect at the seam where our worlds meet. Dreams may die, but their spirit does not, nor does their memory...We substantiate our loved one's life, by the way we live ours."

Our Sibling Speaker – Scott Mastley

After losing his brother in a car accident, our sibling speaker found TCF and became a regular at the monthly



sibling group meetings. He helped Jim Dirr run the sibling group and eventually was asked to be the Sibling Representative for metro Atlanta. This led to opportunities to raise awareness by appearing on Peachtree Mornings television show and Fox 5 News. He searched for resources focused on sibling grief, and after finding none, wrote "Surviving a Sibling,"

a book for surviving siblings and those who love them.

Scott lives in Suwanee, Ga., with his wife, Doreen, and two daughters, Molly and Margo. He is a writer, speaker and consultant.

For more information about "Surviving a Sibling: Discovering Life After Loss," go to: http://www.survivingasibling.com/

Reception and Memorial Video

After the service, we will have refreshments and a

memorial video presentation of our children and siblings in the Fellowship Hall.

We need your help to ensure your child or sibling is included. Please send your child's picture as soon as possible to Dan Bryl. Even if you are unsure you are attending the service, please send your child's picture, so we will have it for future candlelight services. (The deadline to submit your child's picture is Nov. 17.)

Photo Tips:

The photo displayed on the slide will only be as good as the photo you send. If the photo is a quality color copy or a quality reproduction, there should be no problem.

Please include with the photo:

- Your child's name (how you want the name written under the picture on the slide). *Please print carefully*.
- Birthday and Angel date
- Your name and phone number

If you sent a picture in previous years, you do not have to send another. Photos should be scanned and sent to Dan by email at jessicalyn@adelphia.net. Or, mail your photo to:

Dan Bryl

112 Union Cemetery Rd., # 411 Hilton Head Island, SC 29926 Your photo will be returned to you unharmed.

Reception and Centerpieces

We also want to ask everyone who attends the candlelight service to bring a finger food to share at the reception after the service. We look forward to seeing everyone and sharing this special evening with you and your child.

Chapter members also have the option of sponsoring a centerpiece or poinsettia to be used in the decorating for the candlelight service.

If you would like to order a centerpiece/poinsettia to be displayed at the candlelight service in memory of your child, sibling or grandchild, please return the order form included with this newsletter by Nov. 15.

October Birthdays

| Child's Name | Birthday | Angel Date | Relationship | Family | |
|---------------------------|------------|------------|--------------|----------------------------|--|
| Azariah Suvari Anderson | 10/2/2005 | 11/17/2005 | daughter | Michelle Stewart Anderson | |
| Richard Alan Cartin | 10/2/1963 | 1/16/2005 | son | Nancy Murphy | |
| Kaxon Harris | 10/3/2001 | 6/10/2003 | son | Karen Harris | |
| Stephen Ledford | 10/4/1975 | 2/8/1997 | son | Luella and Mike Ledford | |
| John Thomas Arnold | 10/6/1988 | 1/22/2006 | son | Donna Arnold | |
| Connor Brown | 10/6/1997 | 5/4/2003 | grandson | Kaye Hyde | |
| Lane Veteto | 10/7/1982 | 6/11/2001 | son | Margaret Bear | |
| Jamaal Addison | 10/7/1980 | 3/23/2003 | son | Patricia Roberts | |
| Meleia Warren Willis- | | | | | |
| Starbuck | 10/10/1985 | 7/7/2005 | daughter | John and Kimberly Starbuck | |
| Evan Walker | 10/12/2002 | 6/22/2004 | son | Kim and Eric Walker | |
| Mark Curtis Smith | 10/13/1967 | 5/1/1989 | son | Jane Smith | |
| Philip E. Walsh | 10/15/1980 | 4/21/2001 | son | Ruth Simmons | |
| Candi Gaye Marshall | 10/16/1965 | 3/16/1984 | daughter | Gena and John Ivester | |
| Scott Wiseman | 10/19/1977 | 2/3/2002 | son | Lynn Wiseman | |
| Sallie Scanlon | 10/20/1961 | 5/31/1993 | daughter | Jane R. Scanlon | |
| Dilia Plummer | 10/25/1996 | 12/22/2005 | daughter | Dijon Plummer | |
| Jacob Miller | 10/26/1985 | 3/7/2003 | son | Sandra and Richard Miller | |
| Michelle Reeves | 10/28/1983 | 9/26/2004 | daughter | Jim and BJ Reeves | |
| Marcellus Montez | | | | | |
| Richardson | 10/29/1973 | 9/26/2004 | son | Paulette Perry | |
| Amelia Sutterthwaite Ward | 10/29/2005 | 1/29/2006 | daughter | Lisa and Greg Ward | |
| Ronnie Keith Batchelor | 10/30/1977 | 8/14/1994 | son | Ron and Judy Batchelor | |

November and December Birthdays

| Child's Name | Birthday | Angel Date | Relationship | Family |
|--------------------------|------------|------------|--------------|----------------------------------|
| Tyreek Seivwright | 11/1/1982 | 5/12/2000 | son | Donna Attride |
| Latoya Peart | 11/1/1978 | 1/1/2005 | daughter | Alvin Dorman, Patsy & Morrinette |
| Al Bath Wilson | 11/2/1978 | 5/8/2002 | son | Susan Wilson |
| Jameka Deshon Holmes | 11/4/1980 | 4/14/2004 | daughter | Charlotte Hamm |
| Autumn DuBose | 11/5/1972 | 7/19/1990 | daughter | John and Faye DuBose |
| Mark Cozine | 11/6/1961 | 9/14/2002 | son | Anne Franzen |
| Daniel Smith | 11/6/1981 | 8/26/1991 | son | Judith Smith |
| Matthew Duke Davis | 11/7/1985 | 11/2/2005 | son | Lena L. Price |
| Jennifer Marie Dailey | 11/9/1982 | 3/12/1997 | daughter | Joanne and Bob Dailey |
| George E. Williams III | 11/11/1971 | 7/2/2002 | son | Deborah Denise Williams |
| Carlos Ramone Weaver | 11/12/1984 | 10/27/2003 | son | Carlos Weaver |
| Amanda Christine Warnock | 11/13/1987 | 5/6/2001 | daughter | Amy Osier |
| Keith Perry | 11/14/1966 | 6/11/2004 | son | Oveta Perry |
| Carter Martin | 11/20/1996 | 9/12/2004 | son | Scott and Leigh Ann Martin |
| Kameron Rutherford | 11/21/2003 | 5/11/2004 | son | Judy and Khristopher Rutherford |
| Frankie Ortiz | 11/26/1995 | 12/13/2000 | son | Cyndi Ortiz |
| Juanito Vasquez | 11/28/1986 | 4/17/2005 | son | Luly Albornoz |
| Robert A. Lind, Jr. | 11/29/1961 | 6/10/1979 | son | Bette and Bob Lind |
| Brandon Burke | 12/2/1985 | 5/10/2003 | son | Charlene and Johnny Burke |
| Brandon Burke | 12/2/1985 | 5/10/2003 | grandson | Shirley A. Kendrick |
| James Anthony Durham | 12/3/1986 | 7/22/2004 | son | Cynthia W. Durham |
| James Anthony Durham | 12/3/1986 | 7/22/2004 | brother | Katie Durham |
| Joshua Polain | 12/3/2002 | 6/1/2003 | son | Kimberly Polain |
| David James Teddlie | 12/5/1979 | 3/22/1999 | son | Anne and Don Teddlie |
| Averil Brown | 12/7/1980 | 6/15/2004 | son | Carolyn Brown |
| Clarissa Cuningham | 12/8/1976 | 8/20/2002 | daughter | Winston and Judy Cunningham |
| Lauren Zauche | 12/10/1982 | 1/10/2001 | daughter | David and Claudette Zauche |
| Amanda Kay Rose | 12/17/1981 | 8/15/2004 | daughter | Barbara and Jim Sinke Rose |
| Meseret Gebru | 12/18/1980 | 11/23/2002 | son | Kila Gebru |
| Victor Alfonso Cruz | 12/19/1984 | 9/16/2005 | son | Ana Maria Godinez |
| Chamica Hardaway | 12/21/1972 | 3/3/2000 | daughter | Albert and Florence Daniels |
| Steve Inman Jr. | 12/22/1984 | 12/26/2003 | son | Steve and Linda Inman |
| Tim Allmon | 12/23/1973 | 12/8/2000 | son | Ann and Jackie Allmon |
| Dianne Martha Shlevin | 12/27/1978 | 3/26/1979 | daughter | Barbara Shlevin |
| J'Muar Taylor | 12/30/1982 | 8/4/2003 | son | Cheryl A. Taylor |
| Christopher Hobbs | 12/31/1981 | 12/27/2002 | son | Joseph and Gwendolyn Hobbs |
| Christopher Hobbs | 12/31/1981 | 12/27/2002 | brother | James Ryan Hobbs |
| | | | | |



...that their light may

Light a candle for all children who have died. Sunday, December 9, 2007 7 PM Around the Globe THE COMPASSIONATE FRIENDS WORLDWIDE CANDLE LIGHTING

Worldwide Candle Lighting

In addition to our chapter's Candlelight Service on Dec. 1, the National TCF office will sponsor a Worldwide Candle Lighting on Sunday, Dec. 9. Everyone is invited to submit a message that day to be posted to TCF's online Remembrance Book at www.compassionatefriends.org. Last year, more than 2,100 messages were received, representing every state, Washington D.C. and Puerto Rico, as well as two dozen countries around the globe. Messages can only be placed in the Remembrance Book on Dec. 9.

October, November and December Angel Dates

| Child's Name | Angel Date | Birthday | Relationship | Family | |
|-------------------------|------------|------------|--------------|------------------------------|--|
| James A. Bunch Jr. | 10/3/2006 | 3/21/1960 | son | Margie Shippey | |
| David Brown | 10/7/2000 | 5/13/1970 | son | Keith and Ann Brown | |
| Donald R. Hudson, Jr. | 10/12/2005 | 9/5/1974 | son | Carol Hudson | |
| Vernon Philipe Battle | 10/18/2006 | 7/17/1984 | son | Barbara Knox | |
| Vernon Philipe Battle | 10/18/2006 | 7/17/1984 | brother | Glorqua Tarantine | |
| Bo Tuggle | 10/22/1992 | 4/12/1975 | son | Connie and Johnny Tuggle | |
| Derric Burgess | 10/25/1999 | 7/21/1984 | son | Angel and Robert Burgess | |
| Carlos Ramone Weaver | 10/27/2003 | 11/12/1984 | son | Carlos Weaver | |
| Kathleen Dirr | 10/28/1984 | 2/24/1965 | daughter | Jim Dirr | |
| David Ferguson | 10/30/2004 | 4/20/1985 | son | Christina and David Ferguson | |
| Marc William Waidner | 10/30/1988 | 5/19/1970 | son | Mary Alice Wood | |
| Matthew Duke Davis | 11/2/2005 | 11/7/1985 | son | Lena L. Price | |
| Brayden Eanes | 11/3/2006 | 9/28/2006 | grandson | Al and Jan Pittman | |
| Amber Gilstrap | 11/7/2003 | 7/3/1979 | daughter | Kathleen Cornog | |
| Leanna Piver | 11/7/1998 | 1/16/1978 | daughter | David and Janet Piver | |
| Timothy E. Dixon | 11/9/1999 | 1/7/1980 | son | Georgia Ware-Dixon | |
| Michael Hill | 11/10/1996 | 9/10/1972 | son | Linda Hill | |
| Serenity Emani Watson | 11/10/2006 | 7/31/2005 | daughter | Keri Watson | |
| Azariah Suvari Anderson | 11/17/2005 | 10/2/2005 | daughter | Michelle Stewart Anderson | |
| Meseret Gebru | 11/23/2002 | 12/18/1980 | son | Kila Gebru | |
| Christopher Robinson | 12/4/2002 | 9/15/1984 | son | Freddie Green | |
| Mashanda Taylor | 12/7/2002 | 8/13/1984 | daughter | Michelle Taylor-Scott | |
| Tim Allmon | 12/8/2000 | 12/23/1973 | son | Ann and Jackie Allmon | |
| Frankie Ortiz | 12/13/2000 | 11/26/1995 | son | Cyndi Ortiz | |
| Carlo R. Williams | 12/21/2003 | 2/11/1979 | son | Deborah Denise Williams | |
| Dijon Plummer, Jr. | 12/22/2005 | 2/24/1998 | son | Dijon Plummer | |
| Dilia Plummer | 12/22/2005 | 10/25/1996 | daughter | Dijon Plummer | |
| Jamie Dalziel | 12/24/2003 | 3/25/1985 | son | Martin and Donna Dalziel | |
| Steve Inman Jr. | 12/26/2003 | 12/22/1984 | son | Steve and Linda Inman | |
| Jennifer Hower | 12/27/2004 | 6/23/1975 | sister | Julie Fischer | |
| Christopher Hobbs | 12/27/2002 | 12/31/1981 | son | Joseph and Gwendolyn Hobbs | |
| Christopher Hobbs | 12/27/2002 | 12/31/1981 | brother | James Ryan Hobbs | |
| | | | | | |

$\mathcal{T}^{\mathscr{U}}$ Annual Memory Tree



The 7th Annual Memory Tree – "In Memory of our Children and Siblings" – for the 31st Annual Festival of Trees is underway. The tree will be displayed at the Atlanta History Center Dec. 1-19.

Proceeds from this year's Festival of Trees will benefit the Aflac Cancer Center and Blood Disorders Service of Children's Healthcare of Atlanta.

The theme for the Memory Tree is "*Star Lit Night*." The tree will be decorated in blues, purples, silver and white. Our children and sibling's names will be inscribed in a book next to the tree. A sign displayed next to the tree will read: *Star Lit Night*, The Compassionate Friends, "In Memory of Our Children and Siblings." See next page for a form to include your child's name in the book.

The Children's Healthcare of Atlanta Festival of Trees

The Compassionate Friends of Atlanta 7th Annual Memory Tree



Our 7th Annual Memory Tree "In Memory of our Children and Siblings" for the 31st Annual Festival of Trees is underway. Our tree will be displayed at the Atlanta History Center in Atlanta, Georgia from December 1-19, 2007.

Proceeds from this year's holiday event, Festival of Trees, will benefit the Aflac Cancer Center and Blood Disorders Service of Children's Healthcare of Atlanta.

The theme for the Memory Tree is "*Star Lit Night*". The tree will be decorated in blues, purples, silver and white. Our children and sibling's names will be inscribed in a book next to the tree.

A sign will be displayed by our tree :

Star Lit Night The Compassionate Friends "In Memory of Our Children and Siblings"

| | | ne Nov. 17 th) | | |
|-------------------------|--|----------------------------|---|-------------|
| Name(s): | Relationship to Child: | | | : |
| Address: | C | ity | State | ZIP |
| Telephone # | E-mail | | | |
| Child's Full Name (Both | h "First" Name and "Last" Name) | | | |
| Child's Date of Birth: | Child's D | Child's Date of Death: | | |
| Mail Form and check pa | ayable to "The Compassionate Friends" to: | | | |
| | The Compassionate Friends, c/o Jayne Newton 808 Brentway Court | free to cal | ive questions, l, Jayne Newt 356 (C) 678-52 | on (H) 770- |
| | Lilburn, GA 30047 | | | |



Save the Date for Next Year's TCF Conference in Nashville!

Now is the time to mark July 18-20, 2008, on your calendar so you can attend the 31st national conference of The Compassionate Friends in Nashville, Tenn.

With Nashville just a four-hour drive from Atlanta, it would be wonderful to have a large contingent of Atlanta Chapter members attend together.

Having selected the theme Volunteers for

Healing...Friends for the Future, the conference committee is hard at work to bring you the best healing experience possible, including special guest speakers, more than 100 workshops covering most aspects of grief following the death of a child, and many additional activities including the ninth annual two-mile Walk to Remember at 8 a.m. Sunday, July 20.

To allow everyone to be a part of this year's conference experience, the conference committee plans to decorate the conference area with real 7" vinyl records that have pictures of our children in the center. The "sponsor a record" program is similar to programs available for previous conferences. For a nominal charge (which helps to defray the cost of the conference), pictures sent in of TCF children, will decorate the registration area, reflection and hospitality rooms. Templates and directions are available for download from The Compassionate Friends Web site at www.compassionatefriends.org. Whether or not you are able to attend the conference, a child, sibling, grandchild, or loved one can still be remembered.

Those who attend the conference and have a record made with their child's picture will be able to carry them home. After the conference concludes, those unable to attend who would like their child's record can have it mailed to them for a slight additional charge.

The conference will be held at the Sheraton Music City Hotel and special room rates will be available for guests attending the conference. Watch TCF's national Web site at www.compassionatefriends.org for the latest information. More than 1,200 people are expected to attend.

Dear Atlanta Chapter TCF:

For over 10 years, our Atlanta Area Web site has been active in Atlanta...the metro area...and around the world offering understanding and hope to families following the death of a child. The Web site began in April 1997. The TCF Atlanta Web site reaches thousands of bereaved parents daily. It also serves as an outreach resource for all the Atlanta Area along with chapters throughout the U.S. and world. We have 2,000 subscribers to our online sharing: www.tcfatlanta.org.

If you would like to support our chapter activities and Web site, please make donations payable to "The Compassionate Friends" and mail check and completed dataform to Jayne Newton, 808 Brentway Court, Lilburn, GA 30047.

Wayne and Jayne Newton Webmasters for the Atlanta Area Web site

${\cal G}$ rief Work is Hard Work

When I first began my journey of grief following the death my only child, Todd, I didn't comprehend that I would have to take an active role in what would come to be defined as "grief work." All I knew was the pain, the shock, the sorrow, the desire to go to sleep and never awaken. My child was dead, and I had no desire to live.

As the months and then the years passed, I began to realize that I was, albeit unconsciously, doing grief work. Once I realized I could not walk this road alone, I became involved in our Compassionate Friends Chapter. That was the beginning of my "grief work." A few months later, I enrolled in a six week program for bereaved mothers. More grief work. I have since attended seminars, retreats and workshops. From each effort I gained something new, something insightful, something that eased my burden just a bit, something that helped me to cope with this, the worst, of all losses.

I consumed books. Some were about grief; others were about life. I watched movies, some about grief and some about life. I talked with friends.....sometimes about grief and sometimes about life.

Along the way I found that if I reached out to others, I was, once again, doing grief work. You see, I discovered that grief work is healing work. It doesn't dry my tears, nor does it mend my broken heart. Instead, it allows me to accept that I am in this place and living in this moment. That doesn't sound like much....unless one has lost a child to death. Lost a child to death. What a horrifying thought. Yet now I can say it to others, talk with others who are raw and new in their grief and know that I have come to accept that my son is gone from this plane. My grief work will continue until I die.

When we attend workshops, seminars, special presentations, Compassionate Friends meetings and privately contemplate the depth of our loss and changes in our lives, we are doing grief work. Each of us travels this road differently, but we owe it to ourselves to do our grief work. Not easy work, not fun work, not immediately rewarding work, but this is work, just the same.

> Annette Mennen Baldwin In memory of my son, Todd Mennen TCF, Katy, TX

News Briefs.....

If your employer gave you special support following the death of your child, sibling, or grandchild, and you would like this to be honored, you are invited to nominate your company for the 2008 "Compassionate Employer Recognition" award.

This program was established by The Compassionate Friends in 2000 to recognize companies, both small and large, in the public and private sector that have gone above and beyond the norm in supporting employees – parents, siblings, or grandparents – who suffered the tragic death of a child.

Nomination criteria and forms for the CER program are available by visiting the national TCF Web site at www.compassionatefriends.org and clicking on "Compassionate Employer Recognition" on the home page. Nominations must be submitted online or postmarked by midnight EST Nov. 30. You can also call the national office toll-free at (877) 969-0010 for a nomination form.



* * *

The Rome Chapter of TCF is building a Children's Memorial Wall and is selling bricks for \$25 per brick per child to go in the wall. The wall will be 7 feet high and approximately 40 feet long, with a center sculpture of children chasing butterflies,

dragon flies, a boxer dog running with the children, an adult holding an infant.

This wall is in the process of being built at State Mutual Stadium, a minor league baseball team stadium. The dedication is tentatively set for Nov. 3.

If anyone would like to purchase a brick, they may e-mail Sandra Stinson of the Rome Chapter at donley41@aol.com or remembermychild@aol.com.

The Scream

The smile you see is not all of me, For I'm not what I seem. I laugh and smile but all the while, My smile holds in a scream. For when I see a little girl, So innocent and free, I think about my little girl, Who died at seventeen. And then the scream comes welling up, From in my soul so black, And so my smile must block it in, And laughter hold it back. I saw her born and watched her grow, from child to blooming lass, But through the years I couldn't know, I'd have to see her pass. The suffering within my heart, I hide from all the world. I do my job, I play the part, And miss my little girl. A song about a father's love, So sweet with tenderness, Awakes in me the horror of. My loss and loneliness. So, if they say "He takes it well, He'll be OK we all can tell. How well his life continues on, It's almost if she wasn't gone." Remember that I'm not so sane, Playacting, keeping up the game, My nightmare life trapped in a dream, You see, my smile holds in a scream.

Steve Tutt ~ TCF, Tyler, Texas Remembering our daughter, Lisa 1987-2004

"You are So Strong"

Empty words That don't touch the reality That my life has become. Walking through fog Incredible pain Searching for the beloved face I crave to see The voice that I strain to hear over the noises Of people who have no idea Of what the world has lost

Charisse Smith, TCF ~ Tyler, TX

Special Birthday Table

Our chapter has a monthly Birthday Table. This is a special table set up for those who have a child, grandchild or sibling's birthday in that month. Please bring a photo/memento and share a special memory of your child.

You are also welcome to bring your child's favorite food or birthday cake to share with the group. We hope you will take this opportunity to share your child with us.

For more information, please call Tamie Dodge at 770-982-2251 or <u>Dodgecat2001@yahoo.com</u>

Gifts of Love

A love gift is a gift of money to The Compassionate Friends of Atlanta. It is usually in honor of a child who has died, but it can also be from individuals who want to honor a relative or friend who has died, a gift of thanksgiving that their own children are alive and well, or simply a gift from someone who wants to help in the work of our chapters. The following donations are in support of the Atlanta Chapter newsletter, candlelight service, Web site and other outreach.

All chapters within TCF are totally dependent on funds from our families. We DO NOT receive funds from our National Office. Everything we need to operate our local chapters are paid directly from our local resources and our local family contributions. Thank you to all who contribute and support your local chapters. Some people contribute in memory of other's children.....this is a wonderful way for others to say "I am remembering your child." Other "Gifts of Love" are evident by all the compassionate and giving volunteers we have within our TCF Atlanta organization.



Love gifts to the Atlanta Chapter of TCF should be made payable to The Compassionate Friends and mailed to our treasurer: Jayne Newton, 808 Brentway Court, Lilburn, GA 30047.

In Loving Memory of Thomas Michael Runfola, from his mother Pat Runfola, Atlanta, GA In Loving Memory of Michael Btembke, from his father Ghakarhi Btembke, Norcross, GA In Loving Memory of Chris Simpson, from his grandmother, Elizabeth Luke, Auburn, GA In Loving Memory of Todd Kirk Stien, from his mother Lorann M. Stien, Eau Claire, WI

In Loving Memory of April Leshay Nesmith, from her mother Carla Adamar, Bonaire, GA In Loving Memory of Brayden Michael Eanes, from his grandparents, Jan and Al Pittman, Atlanta, GA In Loving Memory of Meleia Warren Willis-Starbuck, from her parents John and Kimberly Starbuck, Stone Mountain, GA



NEW SUBSCRIPTION - RENEWAL - CHANGE FORM - DONATIONS

If you are receiving our newsletter for the first time...everyone within The Compassionate Friends Organization wants to say We are sorry you have the need for this publication but we are glad you found us and we hope our newsletter will be helpful on your journey. Someone may have lovingly sent you the newsletter...and if so and you find it helpful, please complete the data sheet enclosed and return it so that we may add you to our newsletter database for future mailings. This is to insure that all the information we have is correct and complete. *This is for internal use only*.

Please print, filling in all applicable blanks/boxes:

| You | Ir Name: |
|------|--|
| Mai | ling Address: |
| City | ZIP Code: |
| Pho | ne (including area code)Email: |
| Dog | you prefer to receive the newsletter by (check one):MailEmail (provide email address above) |
| Chil | ld's Full Name:Male Female |
| Chil | ld's Birth Date: Child's Death Date: |
| Cau | se of Child's Death (optional): |
| Chil | ld's relationship to you (e.g. son, daughter, brother, sister, grandchild) |
| Nan | nes and ages of all surviving siblings living with you: |
| | |
| | (5) School (6) Funeral Homes (7) Internet (8) Newspaper (9) Employers (Human Resources) (10) Other e: The information you have given above will be confidential (<i>used for internal purposes only</i>) unless you answer "yes" to one or re of the following questions: Do you want you child's name to appear in the newsletter's "<i>We Remember You</i>" section of birth and death dates? Yes No |
| 2. | Do you want to receive the daily e-newsletter from TCF Atlanta? If so, please include your email |
| 2. | Do you wish to have your child's name included on the Wall of Memory on our TCF Atlanta Web Site? Yes No |
| 3. | May we include the above information in the TCF Atlanta Chapter directory? Yes No |
| Volu | untary donations are TCF Atlanta's only source of income. The Compassionate Friends needs to be here for the families who do not know by that they will need us tomorrow. |
| Yes | , I want to help with TCF outreacha donation is enclosed in Memory of |
| I wo | ould like to apply my donation toward the following outreach: (1) newsletter (2) birthday/angel date cards |
| (3) | newly-bereaved packets (4) annual candlelight remembrance service (5) TCF Atlanta Web site |
| (6) | library (7) general expenses |
| | Make Checks Payable to: The Compassionate Friends Please return to: The Compassionate Friends, c/o Jayne Newton (treasurer), 808 Brentway Court, Lilburn, GA 30047 |

Or Make Donations Online by Pay Pal http://www.tcfatlanta.org/donationdataform.html



We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding and with hope. Our children have died at all ages and from many different causes, but our love for our children unites us. Your pain becomes my pain just as your hope becomes my hope. We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races and creeds. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that we feel helpless and see no hope. Some of us have found our faith to be a source of strength; some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression; others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share just as we share with each other our love for our children. We are all seeking and struggling to build a future for ourselves, but we are committed to building that future together as we reach out to each other in love and share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts and help each other to grieve as well as to grow.

We need not walk alone. We Are The Compassionate Friends



The Compassionate Friends Atlanta Chapter 1364 Sanden Ferry Drive Decatur, GA 30033

Honoring 27 Years of Support and Friendship for Bereaved Families

Fall 2007 Newsletter